HOW TO MAKE

Shrímps and artíchokes ín a lemon butter sauce

Shopping list	Step	What to do	What you need (serves 6)	Marguerite's tip
 3 preserved lemons (small) 8 ounces butter 1 TBS powdered sugar pepper 2 bags of frozen artichoke hearts 2 tomatoes 2 yellow bell peppers A bunch of cilantro 36 peeled and deveined shrimps Olive oil 	1 2	Chop the seeded lemons and mash up with the butter. Season with sugar and pepper. Store in the fridge. The frozen artichokes shouldn't be thawed. Cut the bell peppers, cube the seeded tomatoes, pick the leaves of the cilantro. Butterfly the peeled shrimps.	 3 preserved lemons (small) 8 ounces butter 1 TBS powdered sugar pepper 2 bags of frozen artichoke hearts 2 tomatoes 2 yellow bell peppers A bunch of cilantro 36 peeled and deveined shrimps 	« Shrimps can easily be replaced by scallops, but just add them to the stir fry at the end after having cooked them separately. Once made the sauce can be reheated but cannot boil. »
	3	For the sauce: boil 2 TBS of water in a small saucepan. Spoon the lemon butter gradually and whisk until it emulsifies. Keep warm. Heat olive oil in a large pan, saute the frozen artichokes first. Add the bell peppers, then the shrimps. Finish with the tomatoes and the cilantro.	• Olive oil	
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