HOW TO MAKE

Ratatouille

Shopping list	Step	What to do	What you need (serves 6)	Marguerite's tip
• 1 lb zucchinis	1	Wash the tomatoes. Cube	• 1 lb zucchinis	« If needed the
• 2 small eggplants		them. Wash the zucchinis, cube	 2 small eggplants 2 red bell peppers	tomatoes can be peeled»
• 2 red bell peppers		them. Wash the eggplants, cube	 4 tomatoes 1 onion 	
• 4 tomatoes		them.	• 2 cloves of garlic	
• 1 onion		Wash, seed and slice the bell peppers.		
• Olive oil		Peel and chop the onion and the garlic.		
 2 cloves of garlic 	2	In a sauté pan sear one by	• Olive oil	
• 1 bay leave		one the zucchinis, the bell peppers and the eggplants,		
 1 branch of thyme 		adding oil for each batch.		
 2 table spoons 		Set aside.		
balsamic vinegar	3	In the sauté pan heat more olive oil and cook the onion	 Olive oil 1 bay leave 	
 1 table spoon brown 		and the garlic in it until the	• 1 branch of thyme	
sugar		onion becomes transparent. Add the seared vegetables,		
		the tomatoes and the herbs.		
		Cook on slow/medium for		
		20 minutes.		
	4	Melt the sugar in the	• 2 table spoons	
		vinegar and add to the vegetables after having	balsamic vinegar1 table spoon	
\int		removed them from the stove.	brown sugar	
			\sim	
	\sim			
	[لز			
	L		l l m	[凵]
www.pariseastside.	com		www.elegantcooking.com	
		ELEGANT Cookin	9	